

## **ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1**

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

***Journal of Manipulative and Physiological Therapeutics, May 2023***

### **NERVE COMPRESSION & LOWER LIMB PERFORMANCE (P. 229-238)**

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| <p>1. Which of the following is the most common cause of lumbar nerve root compression?</p> <p>A. Disc herniation</p> <p>B. Disc protrusion</p> <p>C. Facet degeneration</p> <p>D. Osteophyte formation</p> <p>2. Which of the following is the gold standard for diagnosing lumbar radiculopathy?</p> <p>A. MRI</p> <p>B. CT</p> <p>C. U.S</p> <p>D. X-ray</p> <p>3. How long were participants required to stand without support for inclusion in this study, in minutes?</p> <p>A. 15-20</p> <p>B. 20-30</p> <p>C. 30-45</p> <p>D. 45-60</p> | <p>4. Which of the following outcome-based questionnaires showed a difference from baseline to conclusion?</p> <p>A. ODI</p> <p>B. RM</p> <p>C. PSFS</p> <p>D. PCS</p> <p>5. Which groups movement time correlated with their disability score?</p> <p>A. 1</p> <p>B. 2</p> <p>C. 3</p> <p>D. 4</p> <p>6. Which group had the lowest pain catastrophizing score?</p> <p>A. 1</p> <p>B. 2</p> <p>C. 3</p> <p>D. 4</p> |
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I attest that I have read the articles and answered the test questions for this issue 5/2023

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